



Bullying Resources

Elementary Resources

Stop the Bully

Help McGruff stop the bully in this interactive game. What do you think you should do when you notice someone being a bully? Listen and read along to decide on what to do about bullies.

[McGruff](#)

Adobe Flash Player is required for this game.

The Great Bully Round Up

Grab your ropes and let's go play "The Great Bully Round Up." Think back to a time you have been bullied or when you saw a friend being bullied. What did you do? Answer these bullying questions correctly, and be the first one around the board to win.

[Body and Mind](#)

Kids Against Bullying

"Kids Against Bullying" is a website that has games, coloring pages, videos and contests all about bullying and being a good friend!

[PACER Center](#)

Adobe Flash Player is required for some features at this website.

Make up or Break up

No relationship is perfect, not even the relationship that you have with your best friend! So what happens when you get into a major fight with your best friend(s)? This site presents you with two realistic scenarios in order to see how you would react in this type of situation. What are the consequences of your actions? Find out here!

[PBS Kids](#)

Cyberbullies Beware!

Sometimes getting bullied can be a scary event. Take a tour of this site so that you will know what to do if you are ever bullied online. Read tips and play interactive games related to cyberbullying with McGruff, the crime dog.

[McGruff](#)

You will need Adobe Flash Player to play the games at this website.



Kabam! Comic Creator

Play this interactive game to help the cyber characters make positive choices. Your answers will make the comic come to life. Read and choose a comic story that you would like to make!

[Body and Mind](#)

You will need Adobe Flash Player for this activity.

Meet the Cast

Meet the cast of characters at Stop Bullying Now! They represent real kids who have experienced bullying. Learn about their lives and how bullying has affected them. There are lots of characters to choose from, so come on in and get started!

[Meet the Cast](#)

License to Surf!

When is it OK to be on the Internet? Should you ever give out your name, address, and phone number? You need to be careful when you are online, and this quiz will help you to learn about online safety. Let's go get your license to surf!

[PBS Kids](#)

If Only I Were

Do you ever wish you were someone else? The truth is, everyone has problems! Click the link to hear a wonderful tale of a small, sad mouse and what she discovered!

[Reading is Fundamental](#)

Adobe Flash Player is required for this activity.



Middle School Resources

Beat the Bully

It is 200 years in the future, and school bullies are still a pain in the neck! But you're brave and you're ready to take them on in a race! Choose your character and choose your bully. Then, answer questions about the best way to handle someone who is picking on you at school and learn to stand up for yourself. Win the race and play the bonus round! Ride the rocket and steer it around all kinds of flying objects to emerge victorious!

[PBS Kids](#)

This game requires a Flash-plugin in.

Get to Know Yourself

There is one subject you don't study in school, but it is the one subject that is essential to your own happiness and quality of life. That subject is YOU! The most exciting adventure you will ever embark on is the journey inside yourself. As you begin to discover the amazing person that you are, you will be better able to understand others and make good choices! Use the yellow column to guide you on your journey! Start at the top and work your way down to all of the different topics!

[Get to Know Yourself](#)

The Story on Self-Esteem

What is the deal with self-esteem? Why can't we love ourselves all the time? There are many obstacles that we sometimes face in our lifetime that negatively impact our self-esteem. However, there are strategies that we can use to help us feel better about ourselves. Check out this website to learn all about self-esteem and how to make our self-esteem soar!

[The Story on Self-Esteem](#)

Portions of this website are available in Spanish.

What Kids Say About Bullying

More kids than you might guess are bullied at school. Some are bullied every day, while others are bullied once in a while. About 58% of the kids surveyed said that they never bullied anyone, while the rest admitted to doing it. What should you do if you are the victim? There are people you should talk to. Find advice about what to do if you are bullied.

[Kids Health](#)



Facts for Teens: Bullying

Many people have considered bullying as a normal part of growing up. However, bullying can become dangerous. Get some facts about bullying and find out what you can do if you are being bullied. You will need Adobe to view this pdf.

[Facts for Teens: Bullying](#)

Girl Talk

Girlshealth.gov is an awesome site for girls ages 10-16! It has lots of interesting topics to choose from, such as relationships, healthy eating, stress, and more! Check out all this cool information you can use, and even take some fun quizzes!

[Girl Talk](#)

A Guy's Guide to Body Image

Girls aren't the only ones feeling a lot of pressure to have perfect bodies. Guys face a lot of the same stress. What is normal? What's the deal with how you look? Find out the deal on body image and how to feel better about where you are in the growth stages.

[Kids Health](#)

Rumor Control

Have you ever been involved in a rumor? Most of us have.. Rumors are not only hurtful, but they're not always true. Therefore, it's important to know what to do when you hear a rumor. Play this game and learn how you can prevent rumors from ruining your school!

[PBS Kids](#)

This game requires a Flash plug-in.

NetSmartz

This interactive website has real testimonials of teens that have experienced firsthand the negative side effects of online bullying and other bad experiences online. You can watch video testimonials, read stories, and play games to learn about their experiences and to become better educated about online predators.

Do you really know what's going on when you go online?

[NetSmartz](#)



Dealing with Feelings

If you're struggling with a personal dilemma, this is a great resource to help you deal with your troubled feelings and emotions. There are many topics covered, including bullying, depression, and divorce. Perhaps you can find advice on your particular issue. Click on the link below for more information.

[Kids Health](#)

Renzulli Search Tip:

The resources listed above are some of Renzulli's favorites. However, there are many more useful bullying resources that can be found within the Renzulli database. To access these resources, try searching for keywords such as **bully, bullying, self-esteem, Internet safety, and cyberbullying.**