



Bullying Resources

Elementary Resources

Stop the Bully

Help McGruff stop the bully in this interactive game while you learn all about bullying. Click the link below to get started.

[Stop the Bully](#)

The Great Bully Round Up

Grab your ropes and let's go play "The Great Bully Round Up." Think back to a time you have been bullied or when you saw a friend being bullied. What did you do? Answer these bullying questions correctly, and be the first one around the board to win.

[BAM! Body and Mind](#)

Kids Against Bullying

Kids Against Bullying is a website that has games, coloring pages, videos and contests all about bullying and being a good friend!

[Kids Against Bullying](#)

Make up or Break up

No relationship is perfect, not even the relationship that you have with your best friend! So what happens when you get into a major fight with your best friend(s)? This site presents you with two scenarios to see how you would react in this type of situation. What are the consequences of your actions? Find out here!

[PBS Kids](#)

Cyberbullies Beware!

Sometimes getting bullied can be a scary event. Take a tour of this site so that you will know what to do if you are ever bullied online. Read tips and play interactive games related to cyberbullying with McGruff, the crime dog.

[Cyberbullies](#)

Kabam! Comic Creator

Play this interactive game to help the cyber characters make positive choices. Your answers will make the comic come to life. Click the link below to get started.

[Kabam! Comic Creator](#)



Meet the Cast

Meet the cast of characters who represent real kids who have experienced bullying. Learn about their lives and how bullying has affected them. There are fourteen characters to choose from, so come on in and get started.

[Meet the Cast](#)

License to Surf!

When is it OK to be on the Internet? Should you ever give out your name, address, and phone number? You need to be careful when you are online, and this quiz will help you to learn about online safety. Let's go get your license to surf!

[PBS Kids](#)

Milton's Dreams: Webisode 2

Watch this animated movie about bullying. Why do the other kids pick on Milton? What can he do to stop them from bullying him? Use what you learn from this video to help yourself or someone you know who gets picked on at school.

[Milton's Dreams](#)

If Only I Were

Do you ever wish you were someone else? The truth is, everyone has problems! Click the link to hear a wonderful tale of a small, sad mouse and what she discovered!

[If Only I Were](#)



Middle School Resources

Beat the Bully

It is 200 years in the future, and school bullies are still a pain in the neck! But you're brave and you're ready to take them on in a race! Choose your character and choose your bully. Then, answer questions about the best way to handle someone who is picking on you at school and learn to stand up for yourself. Win the race and play the bonus round! Ride the rocket and steer it around all kinds of flying objects to emerge victorious!

[Beat the Bully](#)

Get to Know Yourself

There is one subject you don't study in school, but it is the one subject that is essential to your own happiness and quality of life. That subject is YOU! The most exciting adventure you will ever embark on is the journey inside yourself. As you begin to discover the amazing person that you are, you will be better able to understand others and make good choices! Use the yellow column to guide you on your journey! Start at the top and work your way down to all of the different topics!

[Get to Know Yourself](#)

The Story on Self-Esteem

What is the deal with self-esteem? Why can't we love ourselves all the time? There are many obstacles that we sometimes face in our lifetime that negatively impact our self-esteem. However, there are strategies that we can use to help us feel better about ourselves. Check out this site to learn all about self-esteem!

[The Story on Self-Esteem](#)

What Kids Say About Bullying

More kids than you might guess are bullied at school. Some are bullied every day, while others are bullied once in a while. About 58% of the kids surveyed said that they never bullied anyone, while the rest admitted to doing it. What should you do if you are the victim? There are people you should talk to. Find advice about what to do if you are bullied.

[Kids Health](#)

Facts for Teens: Bullying

Many people have considered bullying as a normal part of growing up. However, bullying can become dangerous. Get some facts about bullying and find out what you can do if you are being bullied. You will need Adobe to view this pdf.

[Facts for Teens: Bullying](#)



Girl Talk

Girlshealth.gov is an awesome site for girls ages 10-16! It has lots of interesting topics to choose from, such as relationships, healthy eating, stress, and more! Check out all this cool information you can use, and even take some fun quizzes!

[Girl Talk](#)

A Guy's Guide to Body Image

Girls aren't the only ones feeling a lot of pressure to have perfect bodies. Guys face a lot of the same stress. What is normal? What's the deal with how you look? Find out the deal on body image and how to feel better about where you are in the growth stages.

[Kids Health](#)

Rumor Control

Play this interactive game and stop rumors from ruining school! Distinguish among dangerous, hurtful, and harmless rumors. Which gossip needs to be trashed? Which needs to be reported to the Principal? Can some be let go? Hurry! Make your choices quickly in order to build your school spirit through the roof!

[Rumor Control](#)

NetSmartz Workshop for Teens

This interactive website has real testimonials from teens who have experienced first-hand bad experiences online, including cyber bullying. You can watch video testimonials, read stories, and play games to learn about their experiences and to become better educated about online predators.

[NetSmartz Workshop for Teens](#)

Dealing with Feelings

If you're struggling with a personal dilemma, this is a great resource to help you deal with your troubled feelings and emotions. There are many topics covered, including bullying, depression, and divorce. Perhaps you can find advice on your particular issue. Click on the link below for more information.

[Kids Health](#)

Renzulli Search Tip:

The resources listed above are some of Renzulli's favorites. However, there are many more useful bullying resources that can be found within the Renzulli database. To access these resources, try searching for keywords such as **bully, bullying, self-esteem, Internet safety, and cyberbullying.**